



**Girls Leadership Institute
6/7/8 Parent & Daughter Immersion Weekend:
Be Who You Are. Say What You Mean.
Nantucket Lighthouse School
March 2014**

Participate in a fun, engaging weekend, where you and your daughter will build a common language, practice healthy approaches to conflict, and learn authentic communication skills.

For over 10 years Girls Leadership Institute (GLI), a national non-profit association, has awakened thousands of girls to a new, bold definition of leadership. Co-founded by best-selling author, Rachel Simmons, GLI believes that leadership is a way of life that begins in girlhood.

Working in a supportive small group environment, you and your daughter will work on identifying healthy relationships, finding your voice, learning to communicate more effectively with each other, and developing a resilient response to conflict, 'girl drama', challenges and mistakes. The Immersion Weekend is structured to balance fun and learning and while building community and camaraderie. You and your daughter will be provided with tools to help navigate middle school and beyond. The weekend is also great opportunity to gain insight and spend time with your daughter in a new and different way.

Participants will:

- Explore how “pleaser” behaviors limit the self and interpersonal relationships
- Identify difficult conversations and practice new skills to change them
- Discover how to model assertive and emotionally intelligent behavior
- Role play these new-found tools of communication & have fun doing it!

Who

Girls in grades Sixth, Seventh and Eighth with one adult
Open to the public and limited to the first 15 adult/girl pairs.

When

Friday, Saturday & Sunday: March 14th, 15th, & 16th
Friday 6pm–9pm, Saturday 9:00am–4:30pm, Sunday 8am–12pm

Where

Nantucket Lighthouse School
1 Rugged Road
Nantucket, MA 02554

Cost

\$425 per adult/girl pair

GLI travel and accommodation expenses kindly underwritten by The Community Foundation for Nantucket
Scholarships are available. Visit www.girlsleadershipinstitute.org/scholarships for details.

Registration

<http://www.girlsleadershipinstitute.org/Nantucket>

Questions

Contact Osy Harrison at 646.416.4341 or Osy@GirlsLeadership.org



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